

2013 BERA Summer Recreation Program

July 1, 2013 - August 23, 2013

BERA Summer Program Information

Since the early 1960's, BNL has had a summer recreation program for the children of BNL employees. Christine Carter, Supervisor of the QOL/BERA/Recreation office is coordinating the program, along with staff and NYS Certified school teachers who will once again join us as BNL Counselors. The BERA Summer Recreation Program is a general arts, crafts and recreation/sports program with gym and swim time each afternoon. For additional information, please call the QOL/BERA/Recreation Office, ext. 5090 or 8481, located in Staff Services, Bldg. 400.

- The BERA Summer Recreation Program will be operational for 8 weeks from **Monday, July 1st through Friday, August 23, 2013.** NOTE that week #1 is only a 3 day week, Lab is closed July 4 & 5, but fee remains the same.
- Hours of the BERA program are **7:45am-5:30pm, Monday-Friday.** (with prompt pick up expected at the end of each day)
- *Deposit of \$100 per week, per child is due with your application by 4pm on Friday, April 19, 2013*.* The Program fee is **\$185 per week, \$160 for the 2nd and \$135 for the 3rd child.** Cash or checks are accepted for payment, as well as credit cards with a 3% processing fee added. *Your choice of weeks cannot be changed or cancelled once submitted.
- *Final payment is due on or before June 7, 2013.* Please make checks payable to BERA, and mail to Recreation Office, Building 400. Refunds will NOT be given for cancellations. NO Changes! NO Refunds!
- Space is limited by facility and pool size. We will try to accommodate everyone. A lottery may be instituted if needed.
- Children must be between the ages of 5 and 13, and must be the dependant child of a BNL employee or appointed Guest. All applications will be verified.
- Campers who are 13 years old may participate in a "Counselor in Training" program by assisting the Counselors with organized activities. Their fee will be reduced to \$100 per week, if the camper would like to participate, please notify our office.
- Campers should be brought to the Rec Hall (Bldg 317) each morning, NOT earlier than 7:45am and picked up at the pool entrance (Bldg 478) at the end of the day, NOT later than 5:30pm.

Parents - Retain this information sheet for your records

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BERA Summer Program Information (Continued)

- Campers will be transported from the Rec Hall to the pool by school bus every afternoon. Pick your child up at the pool entrance adjacent to the parking lot off Bell Avenue. It is REQUIRED to sign out your child, so park in a designated parking space in building 400 parking lot.
- There will be no before care or after care, please be prompt in picking up your child(ren) NOT later than 5:30pm.
- Flexible Spending Accounts can be used; please direct any questions regarding FSA's to Human Resources, ext. 2877.
- We request that the dress of those in the camp be modest and in good taste. We request that one-piece bathing suits be worn by our female campers. If a two piece bathing suit is all you have, please wear a T-shirt or similar cover up.
- Sneakers or sandals should be worn, as flip-flops may prevent children from playing specific games or sports. Please supply your child with sun block, a hat or visor, pool towel, bathing suit, and a sweatshirt, all labeled!
- **All pool rules must be adhered to during swim time.**
- Certified Swimming instructors will offer group swim lessons once a week. Swim lessons are required and included in the BERA Summer Recreation Program fee. Daily open swim/gym time will be scheduled between 3:15-5:30pm for all campers. Unless a note is submitted to excuse kids from swim, all must participate.
- The BERA Summer Recreation Program is for children ages 5-13. Appropriate behavior, language, and dress code are expected of all campers at all times. Failure to adhere to the rules set forth will result in dismissal from camp with NO refunds.
- Parents must notify the staff of arrangements to pick up campers early, or to take them for lunch. This must be done before the start of each day.
- Children must bring a bag lunch (cold lunch preferred). Refrigerators are available for the children's lunch bags. Label, label, label everything.

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BERA Summer Program Information (Continued)

- Snacks and drinks will be provided twice daily, with water available at anytime during the day.
- NO electronic devices, iPods or cell phones allowed!
- If your child requires medication during the day, please arrange with the staff for an appropriate time for you to be in the Rec Hall to administer the medication. Counselors and staff will not administer any medications. If your child is sick or becomes injured, the counselors will call you to ask you to pick up your child. BE SURE THAT YOUR CURRENT OFFICE PHONE NUMBER AND ALTERNATE PHONE NUMBER ARE ON RECORD. A copy of your child's application with your information will be kept on file at the Rec Hall and pool. Two sets of medications maybe required.
- It is strongly recommended that each child have sunscreen and insect repellent with DEET to prohibit insect and tick bites. For additional information, please go to this BNL webpage: http://www.bnl.gov/esd/wildlife/Lyme_Disease.asp

If you have any questions, please contact Christine Carter, the BERA/Recreation Supervisor, on ext. 5090, or Joanne Rula-Delles, on ext. 8481, Bldg 400.

ACTIVITIES

Children are generally divided into age appropriate groups, but we are flexible and allow the children to choose the supervised activities they want to join.

Example of activities during the day:

- ❖ Outside play on the Mega Playground (Hugel!)
- ❖ Flag football, Soccer, Baseball, Golf, Archery
- ❖ Super Soaker water tag
- ❖ Treasure hunting
- ❖ Air & Knock Hockey, Ping Pong
- ❖ Arts & Crafts- an assortment of challenging and fun projects
- ❖ Free creative play time for the younger kids with puzzles, books, educational toys
- ❖ Weekly swim lesson
- ❖ Daily swim and gym time
- ❖ Age appropriate videos & films for rainy days
- ❖ Twice a day snack time
- ❖ Nature Hikes

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TENTATIVE CALENDAR FOR FRIDAY SPECIALS

Crazy Hat Day

Children work during the week making their crazy hats. On Friday they parade for the judges in the three age groups. Top "4" win ribbons, and all participants receive a certificate of participation. A make your own ice cream sundae party follows the contest.

Flap Jack Friday

Treasure Hunt

Children are divided by age into two groups. The two groups are then divided into two teams. Each team receives different clues that lead to the same treasure.

Pizza Day

The children play games like Hot Potato and Musical Chairs. Children then have English muffin pizzas and ziti.

Field Day

The children compete in individual and group activities by age group. In the individual competitions the top "4" winners of each competition receive a ribbon. The winners of the group competitions write their names on the winning poster. All participants receive a certificate of participation.

Surprise Day

Children make lunch bag tickets, which are used to keep track of the ten games they get to play. Eight carnival type games are set up in the Recreation Building. The children win a prize for playing, there are no losers.

International Picnic

A luncheon is shared by counselors, children and their parents. Parents are asked to bring a dessert to share.

Fiesta Day

Two piñatas are made during the week with the help of some children. On Friday morning each child takes a turn trying to break the piñata. The piñata is filled with candy that is divided up later in the morning. Following the piñatas the children sit down to a snack of nachos and cheese.

Movie Day

Two movies are shown, one for the younger children and one for the older children. The children have popcorn for snack.

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2013 BERA Summer Recreation Program

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BERA Summer Recreation Swim Program (7weeks)

(Fee included in Camp registration)

July 8 – August 23, 2013

Planned Program: Each child will receive a group swim lesson once a week on a designated day for 7 weeks. There will be no make-up classes for missed swim lessons. Lessons consist of groups of 7-12 children with similar swimming abilities.

Day/Time: Monday through Friday – 2:15 pm to 3:15 pm

Place: BNL Pool

Cost: Fee included in the BERA Summer Recreation Program

Participants: Children must be 5 years old to enroll in BERA Summer Recreation Program. The child should be able to stand flat-footed in the shallow end of the pool, with mouth above the water, approximately 42" tall.

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- Locker rooms are for changing only – shower will be closed.
- Children enrolled for BERA Summer Recreation Swim Program may take 7 weeks of Swim Lessons, even if not enrolled in 7 weeks of the Program. Notify our office if you would like to do this.
- Children will be transported to the pool by school bus.
- We request that the dress of those in the camp be modest and in good taste. We request that one-piece bathing suits be worn by our female campers. If a two piece bathing suit is all you have, please wear a T-shirt or similar cover up.
- **NO** electronic devices, iPods or cell phones allowed!

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2013 BERA Summer Recreation Program

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For Office Use Only

NAME: _____

BERA Summer Recreation Swim Program

(Fee included in Camp registration)

Date registered _____

Use the following in determining each child's swimming group level:

Non-Swimmer	Beginner	Advanced Beginner	Intermediate	Swimmer
Not able to swim at all	Not able to swim 40 feet	Able to swim 30 but not 50 yds. Using crawl stroke.	Able to swim 50 but not 100 yds. Using crawl stroke and elementary backstroke.	Able to swim 100 yds. But not able to perform all strokes and swim continuously for 10 minutes.

Weekly schedule of classes:

Class 1	Monday	Non-Swimmer
Class 2	Monday	Advanced Beginner
Class 3	Tuesday	Intermediate
Class 4	Tuesday	Beginner
Class 5	Wednesday	Non-Swimmer
Class 6	Wednesday	Intermediate
Class 7	Thursday	Beginner
Class 8	Thursday	Advanced Beginner
Class 9	Friday	Swimmer
Class 10	Friday	Advanced Swimmer

Each child will be scheduled for one group swim lesson every week for a total of seven lessons.

Child's Name (Please Print)	DOB	Age	Requested Class 1 thru 10 1 st - 2 nd choice

NAME (Please print) _____

(Employee, Visitor, Facility User, Guest)

BNL Life/Guest No. _____ Bldg. No. _____

BNL Phone Ext. _____ Home Phone _____

Emergency Phone _____

Weeks Enrolled in Camp: _____ Email address: _____

***COMPLETE & RETURN pages 6-9 to: Recreation Office, Bldg 400, with a \$100 non-refundable deposit per week, per child, payable to BERA. Payment in full is due on or before June 7, 2013**

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For Office Use Only

NAME: _____

Deposit: _____

Balance: _____

Check dates for the weeks requested for 2013 participation.

___(wk#1) July 1-3 (only 3 days)

___(wk#2) July 8-12

___(wk#3) July 15-19

___(wk#4) July 22-26 (Science Program, grades 4, 5 & 6)

___(wk#5) July 29-Aug 2

___(wk#6) August 5-9

___(wk#7) August 12-16

___(wk#8) August 19-23

Camper's Name _____

Date of Birth _____ AGE: _____ Grade in September _____

Address _____ Phone _____

Camper's Name _____

Date of Birth _____ AGE: _____ Grade in September _____

Address _____ Phone _____

Camper's Name _____

Date of Birth _____ AGE: _____ Grade in September _____

Address _____ Phone _____

Parent/Guardian Information:

Parent/Guardian _____ Life # _____ Dept & Bldg # _____

Relationship to Camper _____ work ext _____

Mailing Address _____ CELL _____

Home Phone _____ Email _____

Parent/Guardian _____ Life # _____ Dept & Bldg # _____

Relationship to Camper _____ work ext _____

Mailing Address _____ CELL _____

Home Phone _____ Email _____

Emergency Contact _____ CELL _____

Doctor's Name _____ Phone _____

MEDICAL/SPECIAL NEEDS (must be disclosed): List any medical conditions that could restrict activities (i.e. diabetes, asthma, etc.) or any other condition or specified need the camp staff should be made aware:

List those persons authorized to pick up your child:

List any allergies your child has (food, medications, etc.):

Note: Should we be unable to contact you in the event of an emergency, Brookhaven National Laboratory will take all reasonable medical precautions deemed necessary.

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Photo Permission Form for

2013 BERA Summer Recreation and Swim Lesson Program

Please provide the following information:

Date: _____

Child's Name: _____ Date of Birth: _____
(please print)

Home Telephone: _____ Email: _____
(optional)

Photo Permission

I agree that photos/video taken at Brookhaven National Laboratory may be used at the discretion of the Laboratory.

Please circle one: YES NO

Parent or Guardian – please print

Signature of parent or guardian

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HOLD HARMLESS AGREEMENT

I, _____, being the parent or legal guardian
Print name

of _____, hereinafter referred to as Participant,
do hereby agree to the terms of this release and do give my full consent for his/her
participation in the Brookhaven Employee Recreation Association (BERA) Summer
Recreation Program 2013.

I fully understand that due to the nature of the program there is a chance of
physical injury. I agree to assume all risk described and not described herein. I
agree to release, indemnify, and discharge BERA employees and volunteers from any
and all claims, including personal injuries and death, demands, causes of action and
suits or liabilities which might arise from such participation, including acts or
omissions constituting negligence.

I further agree to release or waive any claim that I may have to acquire individually
or as guardian for Participant by reason of the described program. I make this
waiver and releases to legally bind myself, Participant, my executor, heirs, and
assigns to the fullest extent now and in the future.

By executing this Agreement, I/we agree to all of the terms and conditions
contained herein and on the Application on this Agreement. Executed this

_____ day of _____, 2013.

Parent/Guardian Signature

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